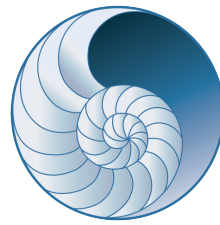


CAPABILITIES STATEMENT



SeaChange
RESOURCES

Leadership Accelerated

CONTACT

Kimberly Parrott, CEO

kparrott@seachange-resources.com
207-266-0172

Chris Muise, Director, Business Development, Primary Point of Contact

cmuise@seachange-resources.com
207-479-4795

COMPANY DATA



UEI: PY1JW35LZDL8

Cage Code: 9EMX4

Certifications: WOSB & EDWOSB

NAICS:

- 611430 – Professional and Management Development Training
- 541611 – Administrative Management and General Management Consulting Services

COMPANY HISTORY

Founded in 2006, SeaChange Resources is headquartered on the central coast of Maine. Over the last 20 years, SeaChange Resources has worked with corporations, universities, nonprofits, and government agencies.

COMPANY SUMMARY

SeaChange Resources specializes in leadership development, executive & team coaching and facilitation. We equip leaders with the mindsets, skills, and tools for navigating current and future challenges.

KEY LEADERSHIP

Kimberly Parrott, CEO

- International Coach Federation Professional Coaching Certification (PCC)
- Over 20 years of coaching, consulting & facilitation experience
- BA Yale University, MA Brown University

CORE COMPETENCIES

- Communication Skills
- Performance Feedback
- Leading Change
- Conflict Management
- Stress Management
- Executive Coaching
- Team Assessment
- Team Coaching
- Retreat Facilitation
- Employee Engagement

DIFFERENTIATORS

Bridge Resource Management (BRM) Principles from the maritime industry applied to high performing teams in any sector

Partnerships:

- United States Maritime Resource Center, Middletown, RI
- Maine Maritime Academy, Castine, ME
- Wartsila, a global leader in innovative technologies and lifecycle solutions for the marine and energy markets

PAST PERFORMANCE

NOAA - Department of Commerce

March 2022 - April 2022

Sub-Contract - Facilitation of Leadership Development Course www.seachange-resources.com/leadership-at-helm
Contracting Officer: Captain John Lomnicky, Commanding Officer, NOAA Ship Fairweather

The Jackson Laboratory

April 2019 - Present

Leadership Training, Executive Coaching, Dialogue Facilitation, Online Course Offering

Contracting Officer: Janice Pendola, Associate Director, Human Resources

Bangor Savings Bank

January 2016 - Present

Leadership Training, New Hire Onboarding, Executive Coaching

Contracting Officer: Ryan Albert, Senior VP, Director of HR & Employee Development