

# CAPABILITIES STATEMENT



SeaChange  
RESOURCES

Leadership Accelerated

## CONTACT

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### Christopher Muise, Business Manager, Government Point of Contact

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## COMPANY DATA



**UEI:** PY1JW35LZDL8

**Cage Code:** 9EMX4

**Certifications:** WOSB & EDWOSB

**NAICS:** 611430 Professional and  
Management Development Training

## COMPANY HISTORY

Founded in 2006, SeaChange Resources is headquartered on the central coast of Maine. Over the last 20 years, SeaChange Resources has worked with corporations, universities, municipalities, and nonprofit organizations.

## COMPANY SUMMARY

SeaChange Resources specializes in leadership development, executive & team coaching and facilitation. We equip leaders with the mindsets, skills, and tools for navigating current and future challenges.

## KEY LEADERSHIP

### Kimberly Parrott, CEO

- International Coach Federation Professional Coaching Certification (PCC)
- Over 20 years of coaching, consulting & facilitation experience
- BA Yale University, MA Brown University
- USCG Licensed Captain

## CORE COMPETENCIES

- Communication Skills
- Performance Feedback
- Leading Change
- Conflict Management
- Stress Management
- Executive Coaching
- Team Assessment
- Team Coaching
- Retreat Facilitation
- Employee Engagement

## DIFFERENTIATORS

Bridge Resource Management (BRM) Principles from the maritime industry applied to high performing teams in any sector

### Partnerships:

- United States Maritime Resource Center, Middletown, RI
- Maine Maritime Academy, Castine, ME
- Wartsila, a global leader in innovative technologies and lifecycle solutions for the marine and energy markets

## PAST PERFORMANCE

### NOAA - Department of Commerce

March 2022 - April 2022

Sub-Contract - Facilitation of Leadership Development Course [www.seachange-resources.com/leadership-at-helm](http://www.seachange-resources.com/leadership-at-helm)  
*Contracting Officer:* Captain John Lomnicky, Commanding Officer, NOAA Ship Fairweather

### The Jackson Laboratory

April 2019 - Present

Leadership Training, Executive Coaching, Dialogue Facilitation, Online Course Offering

*Contracting Officer:* Janice Pendola, Associate Director, Human Resources

### Bangor Savings Bank

January 2016 - Present

Leadership Training, New Hire Onboarding, Executive Coaching

*Contracting Officer:* Ryan Albert, Senior VP, Director of HR & Employee Development